



Graham County Department of Public Health

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Working for a healthier and safer North Carolina.: Everywhere, Everyday, Everybody

Graham County
FOR IMMEDIATE RELEASE
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A Graham County Resident Has Tested Positive for COVID-19, Isolating in Graham County.

A Graham County resident has tested positive for COVID-19 and is being monitored and following isolation orders in Graham County, NC.

The Graham County Department of Public Health is working to identify close contacts. The CDC defines close contacts as being within approximately 6 feet of a person who has been infected with COVID-19 for a prolonged period of time of 10 minutes or longer. Based on information provided by the individual, county health officials will assess risks of exposure, determine which if any additional measures are needed such as temperature and symptom checks, quarantine and/or testing for those impacted.

Symptoms of COVID-19 are: Fever, Cough, Other Lower Respiratory Illness (shortness of breath or difficulty breathing), Chills, Repeated Shaking with Chills, Muscle Pain, Headache, Sore Throat, New Loss of Taste or Smell.

Anyone has the potential to be exposed to COVID 19. Recommendations from the CDC urges everyone who becomes ill with a respiratory type illness to isolate until the following criteria are met:

- At least 3 days (72 hours) have passed since recovery defined as resolution of fever without the use of fever-reducing medications and improvement in respiratory symptoms (e.g., cough, shortness of breath), and
- At least 7 days have passed since symptoms first appeared

If you are having a mild respiratory illness, isolate yourself from others until the criteria above is met. If your illness becomes severe requiring urgent or emergent health care, call and inform your health care provider or emergency services of your symptoms prior to arrival.

For more information, please visit the CDC's website at www.cdc.gov/coronavirus and NCDHHS' website at www.ncdhhs.gov/coronavirus, which will also include future positive COVID-19 test results in North Carolina.

If you believe that you may have COVID-19, please call the Health Department at 828-479-7900.

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Graham County Health Director